



Soul Survivor Outdoor

Spiritual Fitness & Resiliency Programs For Active-Duty Military

WHO

Soul Survivor Outdoor (SSO) is faith based outdoor adventure company serving active-duty military service members through Christ-centered spiritual fitness and resiliency programs.

- SSO is 100% active-duty military focused and everyone on our team is passionate about those currently serving. We are not a veteran service organization.
- All SSO programs are at no cost to the government or the service member.
- SSO relies upon financial support from private donors, foundations, and corporations.

WHAT

SSO brings a comprehensive approach to physical, mental, and spiritual fitness that helps active-duty military service members be more mission ready, combat effective, and capable of navigating the challenges they face both on and off the battlefield.

- Using activities like rock climbing, skydiving, surfing, white water rafting, trail rides, skeet shooting, and more, SSO engages active-duty military in events purposefully intended to take service members well out of their comfort zone.
- Fellow active-duty military or veterans share a faith-based discussion on identity and how a firm spiritual foundation positively affects every other area of fitness.
- Service members return to their units having grown in ways that make them more effective as individuals and members of their team.

WHY

SSO outdoor adventure events provide commanders and chaplains with a resiliency program that helps ensure service members are as physically, mentally, and spiritually fit as possible.

- Published studies show that spiritual fitness plays a key role in overall fitness and resiliency.
- Spiritual fitness and outdoor adventure contribute directly to mission readiness by strengthening resiliency and moral and ethical decision-making in our nation's warriors.

WHERE & WHEN

SSO hosts free Christ-centered outdoor adventure events for active-duty military throughout the year.

- Each year 1,500 or more service members attend SSO events.
- Events are held across the nation and around the globe, adjacent to active-duty U.S. military bases.
- SSO works directly with commands to schedule events and support their service members.

BENEFITS

Attending an SSO event increases personal growth by:

- Strengthening physical, mental, and spiritual fitness through being placed in demanding situations.
- Gaining greater focus, coordination, and confidence in physical ability.
- Improving spiritual fitness by hearing from a fellow service member or veteran about identity and that being a person of faith and a warrior is not mutually exclusive, helping to reinforce the need for a firm spiritual foundation.
- Gaining perseverance and confidence in their own mental toughness and personal courage by overcoming physical and mental obstacles encountered through the outdoor activity.
- Strengthening teamwork and trust in peers and leaders.